**Vision** - St. Louis Public Schools is the district of choice for families in the St. Louis region that provides a world-class education and is nationally recognized as a leader in student achievement and teacher quality.

**Mission** - We will provide a quality education for all students and enable them to realize their full intellectual potential.

**Insert School Name – Weekly Virtual Learning Planner**

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| --- | --- | --- | --- | --- | --- |
| **Teacher** | Aneta Pavlova | **Grade** | K-5 | **Subject** | PE and Health |
| **Week of** | 8/31/2020 | **Topic/Title** | Getting to know you/ Cardiovascular System | | |

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| **Lesson/Topic** | | **Lesson Target/Objective** | | **Synchronous/Live Instruction** | | **Asynchronous Playlist** | **Assessment/Performance Task** | | | **Due Date** | |
| **Lesson 1**  **8/31-9/1** | Finding/checking pulse | | Live discussion about the cardiovascular system. How to check pulse. | | Nearpod | | |  |  | |
| **Lesson 2**  **9/2-9/3** | Understanding how the heart works | | Live discussion on how the heart works | | Nearpod | | |  |  | |
| **Lesson 3**  **9/4 9/7** | Understanding how blood flows | | Presenting how blood flows  Live discussion | | Nearpod | | |  |  | |
| **Lesson 4**  **9/8-9/9** | Understanding what makes a healthy heart | | Live discussion | | Nearpod | | |  |  | |
| **Lesson 5**  **9/10-9/11** | Assessment | | Live discussion and reflection | | Nearpod  Quiz | | | <https://classroom.kidshealth.org/classroom/prekto2/body/systems/cardiovascular_quiz.pdf> | 9/10  9/11 | |