**Vision** - St. Louis Public Schools is the district of choice for families in the St. Louis region that provides a world-class education and is nationally recognized as a leader in student achievement and teacher quality.

**Mission** - We will provide a quality education for all students and enable them to realize their full intellectual potential.

**Insert School Name – Weekly Virtual Learning Planner**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Teacher**  | Aneta Pavlova | **Grade** | K-5 | **Subject** | PE and Health |
| **Week of** | 8/31/2020 | **Topic/Title** | Getting to know you/ Cardiovascular System |

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| --- | --- | --- | --- | --- | --- |
| **Lesson/Topic** | **Lesson Target/Objective**  | **Synchronous/Live Instruction**  | **Asynchronous Playlist**  | **Assessment/Performance Task**  | **Due Date** |
| **Lesson 1** **8/31-9/1** | Finding/checking pulse | Live discussion about the cardiovascular system. How to check pulse. | Nearpod |  |  |
| **Lesson 2****9/2-9/3** | Understanding how the heart works | Live discussion on how the heart works | Nearpod |  |  |
| **Lesson 3** **9/4 9/7** | Understanding how blood flows | Presenting how blood flowsLive discussion | Nearpod |  |  |
| **Lesson 4****9/8-9/9** | Understanding what makes a healthy heart | Live discussion | Nearpod |  |  |
| **Lesson 5** **9/10-9/11** | Assessment | Live discussion and reflection | NearpodQuiz | <https://classroom.kidshealth.org/classroom/prekto2/body/systems/cardiovascular_quiz.pdf> | 9/109/11 |